

## Time Habits Scavenger Hunt

How many different people can you find who have at some point in their life performed the following Time Champion Activities:

Time Champion Activities	Signature
Use a daily "todo" list	
Arrive prepared for meetings/classes	
Check E-mail at pre-determined times in the day	
Have written long-term personal goals	
Have written long-term professional goals	
Kept a week-long log of how I spent my time	
Fought an impulse to procrastinate and won	
Use a project management software	
Read over my goals regularly	
Changed a time wasting habit	
Asked someone to help me find ways to improve time usage	
Know what a S.M.A.R.T. goal is	
Plan in the evening the key jobs for the next day	
Set time limits for everything I do	
Create a quiet place where I can work without interruptions	
Summarize conversations to confirm accuracy	
Improved my reading speed and accuracy	
Do my toughest work first	
Break complex assignments into smaller steps	
Avoid "Reply All" unless absolutely necessary	
Make an agenda before calling or meeting with someone	
Make a list of my time waster activities and avoid them	
Deliver what I promise on time	
Believe I am responsible for the use of my time	
Set deadlines for the different steps toward my personal goals	

### We are The TEAM Approach®.

We have experienced team synergy and team conflict. We have participated in quality teams and counterproductive teams, sales teams and dream teams, teams that did not know that they were teams, and teams that rose to the occasion.



We have witnessed teams that played hard ball and teams that supported and encouraged each member to use their unique strengths to help the organization win. We know that there are specific elements that contribute to superior team performance and that there are other elements that contribute to costly losses in output and process. We know that positive relationships are the real key to success in life!

#### **Our Mission -**

To support a world-wide network of people who have a sincere desire to create peace and life-sustaining activity in the workplace.

#### **Our Vision -**

- \* We see people working in organizations understanding the connections between what they do, and how they go about doing it, and the global need for peace, collaboration, and life-sustaining activity.
- \* We see facilitators in each of these organizations who are skilled in helping each member understand and value themselves and their team members.
- \* We see leaders in these organizations who understand themselves enough to know that differences between people can be an organizational strength.
- \* We see organizations that understand the key role each individual plays in the overall success of that organization.
- \* We see organizations becoming more successful because they embrace and act upon this philosophy.
- \* We see a planet that supports life and values peace because these people and these organizations exist.

## John David Bowman, D. Min.



John David has been involved in leadership development for over two decades. During that time he has created leadership academies in Maryland and in Indiana.

He comes to The TEAM Approach® after having created a Lancaster based extension program for a Virginia University offering a bachelors degree in Management and Organizational Development. He has been a Lancaster County resident for over ten years.

Dr. Bowman brings a wealth of broad-based categories and positions of work experience. Through the years he has been an entrepreneur, businessman (both profit and non-profit), supervisor, manager, department director, administrator, personal coach, trainer, published author and leadership mentor.

"John David's" experience includes folk singing, classroom instructor, selling, offset printing, pastoring, video filming, surveying and farming. Among his hobbies are woodworking, computer programming, technology (he built his own television set and is a sound technician at his church), calligraphy, song writing, guitar playing, biblical research, and photography.

www.teamapproach.com

## **GOAL SETTING WORKSHEET**

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UNIFYING PRINCIPLE:
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2.
LONG TERM GOAL:
).
2.
<b>3</b> .
SHORT TERM GOAL:
λ.
<b>2.</b>
3.
4.
NEXT STEP

List items to be prioritized in numbered boxes Select between two items in each box by circling the more important item.

Step #1

**List final order** 

Step #3

When totals are tied, return to the choice box for priority.

Step #2

# Come to <u>www.teamapproach.com</u> for more information

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Today's event looked at two of twelve key aspects of *Time Mastery*. You can measure you own strength in your use of time with a profile available at our website.

You can find all the materials from today's presentation at the same location!

Enjoy.



The TEAM Approach®